How To Sew Side Jabots

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www.window-valance-patterns.com
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Welcome to “How To Sew A Side Jabot”!

You’re about to learn exactly how to sew a professional sidejabot, also known as cascades or ascots. This is exactly how professional workrooms and designers make the pleated jabots that enhance the pleated swags you see in showcase homes.

These instructions are for a side jabot curtain as shown in the photo on the cover. A jabot is a drapery panel formally pleated with one end shorter than the other. As it’s pleated the fabric on the backside peaks through along the edge… give you glimpses of color and pattern. When working with swags and jabots, it is the combination of the swag and jabot that makes the custom design. A swag and 2 side jabots gives the appearance of fabric draped over a pole… but far nicer.


Each chapter walks you through the process of designing and sewing your jabots. Trust the instructions and measurements… take it step by step… and you are going to be amazed at how easy and fast sewing a jabot will be!

Let’s get started!
Chapter 2. How To Use This Book

1. Print out your jabot worksheet. You’ll find this in the very next chapter. On this worksheet you’ll see spaces for measurements you’ll need to fill out. As you read through this book, you will get those measurements. For now, just print the worksheet.

2. Next you’ll need to decide the measurements of your jabot. You’ll find guidance for this in the chapter called “Your Jabot’s Measurements”

3. The book will then guide you through your cutting and marking your fabric.

4. As you are shown how to mark your fabric you will be directed to the Appendix. Here you will find the exact information you need for your jabot measurements.

5. Very quickly you’ll be pleating and installing your jabot.

So… trust the instructions… follow them step by step… and you will have a professional jabot to complement your swags on your window in no time.
Chapter 3. Your Jabot Worksheet

Print out this worksheet for each jabot you plan to make and then fill out the measurements for your jabots as you read through this book.

Finished Jabot Width (FW) ______________

Jabot Long Length ______________

Jabot Short Length ______________

Return ______________

# of Pleats ______________

CW ______________

A ______________

B ______________

C ______________

Face Fabric Yards = the longest length of your jabot

For example, if the longest point of your jabot will be 48”, then you’ll need 2 yards of fabric.

Lining/Contrast Fabric Yards = same as fabric

Interlining Yards = same as fabric

If you are using a contrasting fabric instead of lining, it is highly recommended that you interline your jabots.
Chapter 4. **Supplies**

Face fabric

Lining / Contrast Fabric – you’ll need the same amount as the face fabric.

Interlining (optional) - you’ll need the same amount as the face fabric.

Matching thread

Decorative Trim (optional)

1” wide self adhesive Velcro loop tape – you’ll need a strip that is as wide as your cut board plus returns for a board mount… or measure in a diagonal fashion around your drapery pole the full length of the pole. See the chapter on installing your jabot.

Velcro Mounting Tape – you’ll need a strip for each jabot… each strip should be the finished width of the jabot PLUS 2”.

Fabric Marking pencil

Sewing Machine with new needle

Sharp scissors

Straight edge

Right Angle or T-Square

Measuring tape

Iron and ironing board

Straight pins

You can find your lining, interlining and Velcro tapes at [www.DraperySewingSupplies.com](http://www.DraperySewingSupplies.com)
Chapter 5.  Your Jabot’s Measurements

You’ll need to determine the following details of your jabot before you can start cutting and sewing your fabric.

❖ **Finished width of your jabot**
This will typically be the width of the pleats on the swag valance that the jabot is complementing. Enter this measurement on your worksheet.

❖ **Number of pleats**
This should be a number close to or exactly the same as the number of pleats on your swag valance. Enter this number on your worksheet.

The shortest and longest points of your jabot – These measurements are up to you and the window design you are planning. Your longest point may be to the window sill… or maybe it’s only half way down your window. Sketch it out on paper if you need to then enter the short and long length measurements on to your worksheet.

❖ **The Return**
This measurement only applies if you are installing the jabot on to a board mount. The return is the distance from the front edge of the installed board to the wall. It is also considered the board depth. Enter this measurement on your worksheet.

If you are installing the jabot on to a drapery pole then enter 0 on your worksheet.

❖ **The Longest and Shortest Point**
You’ll need to decide how long you want your jabot at its longest point… and how short at its shortest point. Jabots can be as long or as short as you’d like. A good rule of thumb is that your jabot should be at least 2/3 of the length of your window. Enter these measurements on your worksheet.
Chapter 6.  

Cut Your Fabric and Lining

With your measurements recorded, refer to Appendix A to find the following measurements: CW, A, B, and C. Enter these onto your worksheet.

First, you’re going to cut your fabric and lining in a rectangle. Then, you’ll mark your panels to create the shape of the pleated cascade.

Cut your fabric and lining/contrast fabric to the following dimensions:

Cut width = 1” + Return + CW

Cut length = Jabot Long Length + 1 ½”

If you are interlining your jabots, cut a piece of interlining to the same dimensions as well.

Now, you’re going to cut the fabric and lining to the shape of your jabot.

Lay the fabric and lining right sides together, with the face fabric on top. Pin the 2 layers together if needed. If you are using interlining, lay the interlining beneath the lining… the interlining will be at the bottom of the stack.

❖ For a right jabot

Step 1. Measure down the right side edge the Jabot Short Length + 1 ½” and mark.

Step 2. Measure from the lower left corner over the Return + ½” and mark.
Step 3. Draw a straight line connecting the 2 marks.

Step 4. Cut along this line.

❖ For a left jabot

Step 1. Measure down the left side edge the Jabot Short Length + 1 ½” and mark.
Step 2. Measure from the lower right corner over the Return + ½” and mark.
Step 3. Draw a straight line connecting the 2 marks.

Step 4. Cut along this line.
Chapter 7.  Sew Your Jabot

If you are applying decorative trim to your jabots, now is the time to add this to your layers.

Lay the trim in between the lining and fabric so that the edge to sew is aligned with the raw edges of your lining and fabric. You will do this along the edges that you want the trim… typically the bottom edge and return. The trim should be sandwiched in between the fabric and lining.

**Step 1.**  Sew a straight stitch along the side and bottom edges… ½” from the edges.

**Step 2.**  Trim the corners and turn right side out.

![Diagram](Diagram of Jabot)

**Step 3.**  Press well.
Chapter 8.  \textbf{Mark and Create the Pleats}

\textbf{Step 1.}  Lay your jabot fabric side up.

\textbf{Step 2.}  Measure over from the longest edge the \textbf{Return} and mark.

\textbf{Step 3.}  Measure over \textbf{A} and mark with a pin.

\textbf{Step 4.}  Measure over \textbf{B} and mark

\textbf{Step 5.}  Measure over \textbf{C} and mark

\textbf{Step 6.}  Repeat marking \textbf{B} and \textbf{C} across the width of your panel.
Step 7. Fold the panel so that point A aligns with the Return mark.

Step 8. Pin the fabric to secure the pleat.

Step 9. Fold the panel so that point C aligns with point B.
Step 10. Pin the fabric to secure the pleat.

Step 11. Continue folding the fabric matching C to B... and securing with pins.

Step 12. Stitch across the top edge to secure the pleats.
Chapter 9. Install Your Jabots

There are 2 ways to hang your jabots. You can attach your jabots to a 1 x 3” board … or you can attach the jabots to a decorative pole.

❖ **Board Mount**
Cut the board to the finished width of your window treatment.

[Diagram of board with window treatment]

Adhere the loop tape to the top of the board… along the front and side edges of the dust board.

❖ **Decorative Pole**
Wrap the loop tape in a diagonal fashion around the drapery rod… covering the areas of the pole where the jabots will be installed.

❖ **For all layered swag / jabot treatments...**
Step 1. Lay the jabots right side up on your work surface.

Step 2. Cut mounting tape and double face tape 2” longer than the swag width.

Step 3. Lay the mounting tape with the back side facing up.

Step 4. Stick the double face tape on to the back of the hook half of the mounting tape… but not on the fold line. (The loop side is the soft fuzzy side.)

Step 5. Peel off the release paper.

Step 6. Stick the top edge of the jabots onto the mounting tape with the top edge aligned with the fold line of the mounting tape… 1” of the mounting tape should extend off of each side.

Step 7. Fold the loop half of the mounting tape over the top edge of the jabots.

Step 8. Stitch across the jabots close to the tape edge.
IMPORTANT: Sew with the **jabots** right side up.

**Step 9.** Cut along the fold line of the mounting tape until you reach the face fabric.
**Step 10.** Cut and remove the hook half of the tape.

**Step 11.** Turn the jabots over to the lining side.

**Step 12.** Fold the remaining loop portions into triangles.

**Step 13.** Then fold them to the back of the jabots. The loops will stick to the hooks.
Your swags and jabots can now be easily installed onto your dust board or drapery pole.

As long as you have the loop side (soft fuzzy side) of your Velcro tape on the back side of your swags and jabot… and the hook side always on the face side… you will be able to easily layer multiple swags and jabots. Plus reposition them as needed!

**IMPORTANT:** When installing layers of swags and jabots onto a drapery pole, it’s important to note which side of the pole you plan on hanging your jabots… or drapes. Some designs have everything hanging on the front of the pole. Other designs have the swags on the front of the pole, but have the jabots hanging from the back of the pole.

If you plan on having the jabot or drapery panel hang from the back of the pole… be sure to apply the mounting tape so that the hook side is on the face side of the jabot or drape.

The only thing left to do is to install the board to your wall using angle brackets… or install the drapery rod and brackets above your window.
Appendix A

FW = Finished Jabot Width

❖ 2 Pleats

<table>
<thead>
<tr>
<th>FW</th>
<th>5”</th>
<th>6”</th>
<th>7”</th>
</tr>
</thead>
<tbody>
<tr>
<td>CW</td>
<td>21”</td>
<td>19 ½”</td>
<td>2”</td>
</tr>
<tr>
<td>A</td>
<td>7 ¼”</td>
<td>6 ¼”</td>
<td>6 11/16”</td>
</tr>
<tr>
<td>B</td>
<td>7/16”</td>
<td>2”</td>
<td>2 3/8”</td>
</tr>
<tr>
<td>C</td>
<td>7 9/16”</td>
<td>6”</td>
<td>7”</td>
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❖ 3 Pleats

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<th>9”</th>
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<tr>
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<td>29”</td>
<td>27 ¾”</td>
<td>31”</td>
<td>31 ½”</td>
<td>32”</td>
</tr>
<tr>
<td>A</td>
<td>7 ¼”</td>
<td>7 ¼”</td>
<td>6 ¼”</td>
<td>6 ¼”</td>
<td>6 11/16”</td>
<td>6 11/16”</td>
</tr>
<tr>
<td>B</td>
<td>7/16”</td>
<td>11/16”</td>
<td>1 3/8”</td>
<td>2”</td>
<td>2 3/8”</td>
<td>2 11/16”</td>
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<tr>
<td>C</td>
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❖ 4 Pleats

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<th>9”</th>
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<th>13”</th>
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<td>35 ½”</td>
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<td>35 ½”</td>
<td>40 ¼”</td>
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<td>40 ¼”</td>
</tr>
<tr>
<td>A</td>
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<td>6 ¼”</td>
<td>6 ¼”</td>
<td>6 11/16”</td>
<td>6 11/16”</td>
<td>6 11/16”</td>
</tr>
<tr>
<td>B</td>
<td>7/16”</td>
<td>1”</td>
<td>1 3/8”</td>
<td>1 11/16”</td>
<td>2”</td>
<td>2 3/8”</td>
<td>2 3/8”</td>
<td>3”</td>
</tr>
<tr>
<td>C</td>
<td>7 9/16”</td>
<td>7”</td>
<td>6 9/16”</td>
<td>6 ¼”</td>
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<td>7”</td>
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❖ 5 Pleats

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<td>44 5/8”</td>
<td>45 5/8”</td>
<td>44”</td>
<td>44”</td>
<td>43 ¾”</td>
<td>50”</td>
<td>50”</td>
<td>49 5/8”</td>
</tr>
<tr>
<td>A</td>
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<td>7 ¼”</td>
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<td>6 ¼”</td>
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</tr>
<tr>
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<td>1 11/16”</td>
<td>2”</td>
<td>2 3/8”</td>
<td>2 11/16”</td>
<td>3”</td>
</tr>
<tr>
<td>C</td>
<td>7 9/16”</td>
<td>7 ¼”</td>
<td>7”</td>
<td>7”</td>
<td>6 9/16”</td>
<td>6 ¼”</td>
<td>6”</td>
<td>7”</td>
<td>6 5/8”</td>
<td>6 ½”</td>
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## 6 Pleats

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<th>10”</th>
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</tr>
</thead>
<tbody>
<tr>
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<td>52 ¼”</td>
<td>51 ³/₄”</td>
<td>52 ¾”</td>
<td>50 ¾”</td>
<td>50 ¼”</td>
<td>51 ¼”</td>
<td>50 ¾”</td>
</tr>
<tr>
<td>A</td>
<td>7 ¾”</td>
<td>7 ¼”</td>
<td>7 ⅛”</td>
<td>7 ⅛”</td>
<td>6 ¼”</td>
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Related Resources

Here is a listing of e-books and web sites that I personally own and recommend to anyone interested in home decoration and sewing. Whether it's making your own window treatments, decorating your home to make it more beautiful or functional... I think you will enjoy these e-books and free web sites.

**How To Make Roman Shades**

http://www.sewng-roman-shades.com
Learn how to make 8 different types of roman shades with these detailed, illustrated step-by-step instructions. If you want to save thousands of dollars by sewing your own roman shades, then this guide is your answer!

**Roman Shades Supplies and Drapery Making Supplies**

http://www.draperysewingsupplies.com
Now you can order your roman shade supplies and drapery sewing supplies... online... through me! Fast delivery and discount pricing. Check it out!

**How to Sew Pleated Drapes**

http://www.easy-pleated-curtains.com
Learn how to easily make pinch pleated drapes with simple step-by-step illustrated instructions. Learn triple pinch pleats, double pinch pleats, goblet pleats, reverse pleats and butterfly pleats. From design to installation, it’s all there.

**Simple Sewing Projects**

http://www.simplesewingprojects.com
Discover dozens of free home sewing projects... all step by step and easy to follow. Browse, enjoy and get sewing!
Home Decorating Ideas

http://www.homedecoratingideas4u.com
You'll find dozens of free home decorating ideas, expert interior design tips and decorating articles... so you can decorate your home beautifully. Browse, enjoy and get decorating!